

Providers Playground



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Oatmeal Peanut Butter Easter Eggs Recipe:

2 ½ cups rolled oats
3 tbsps. peanut butter
¼ cup maple syrup
1 tsp. vanilla
5 tbsps. almond milk
1 tbsp. peanut butter
¼ cup mini chocolate chips (optional)
Sprinkles for decoration
Plastic eggs



Recipe Directions: In a medium bowl mix dry ingredients and set aside. In a large bowl add maple syrup, vanilla, milk and peanut butter. Stir until mixture has been combined, add the dry ingredient to the large bowl and mix with hands. Once combined add chocolate chips and sprinkles. Place in plastic eggs and let set in the fridge for 1 hour. Once done, gently open them from the plastic eggs and decorate with sprinkles. One easy test to tell if your batter is ready to be added to the plastic eggs, is roll some of the dough in your hands to form a ball. Once a ball has been formed you are ready to pack your eggs with the mixture. If it doesn't roll into a ball, a bit more milk or maple syrup will do the trick.

<http://www.savynaturalista.com/2014/04/15/healthy-oatmeal-peanut-butter-eggs/>

Banana Food Facts For Kids:

1. Bananas are the fruit produced by various banana plants.
2. When rip they are usually long and curved with a soft inside covered by a yellow skin (peel).
3. Bananas can be found in other colors, including red.
4. Banana plants are not trees, they are a type of herb.
5. Humans have grown bananas for thousands of years.
6. Most species of banana plant originated in Southeast Asia.
7. Bananas grow in large, hanging bunches.
8. A row of bananas is sometimes called a 'hand', while a single banana is called a 'finger'.
9. The average banana weighs around 125 grams.
10. Bananas contain around 75% water.
11. Bananas have high nutritional value and are a healthy snack.

<http://www.sciencekids.co.nz/sciencefacts/food/bananas.html>



Down to Business...!!

New Guidance for Providers who are moving

- Prior to the last day of care at the present address, the provider must notify CMA of the move.
- An Initial Health and Safety Inspection and approval must be completed on the new location.
- Meals served at the new location prior to receiving approval may not be claimed for reimbursement.

CPR and First Aid

All provider must be CPR and First Aid trained with a hands on course. CMA is working with UEMTC to set up classes for CMA providers. Cost is \$35 and is from 6-9pm. Providers must register for the class. Call CMA to find out when the next class is being held

Are you ready for your Health and Safety

Inspection??? Tips:

- If children have access to a room then CMA Monitors will have to check that room.
- If children are not allowed in a room of the house, a child proof lock must be on the door or a hook-n-eye can be used to keep children out.
- All chemicals should be stored above 36in or you must use a safety lock.
- Providers must have and understand an emergency and disaster plan that includes procedures for a fire, earthquake, evacuation and re-location. All plans must include notifying the parents.
- Firearms cannot be loaded, firearms are to be secured in a cabinet, safe or area that is clocked with a key or combination lock.
- Stationary outdoor equipment cannot be over hard surfaces such as cement or asphalt.
- Infants sleep in equipment designed for sleep such as a crib, bassinet, porta crib or playpen. Parental permission is needed to allow children to go to a neighbor's house, ride bikes on street etc. School age kids only.
- Provider must supervise children when there is water in a wading pool/or swimming pool that has not been emptied.
- One child on a trampoline at all times with provider supervision.



Training– Have you attended your 2hrs of training yet. This is the last day to attend.

Tuesday, April 28th Spanish Fork
Library from 6-8pm

Claim Due Dates:

**Last Day for
March Claims:**

**Monday, April
6th**

**Last Day for February
Claims:**

**Wednesday, April
29th**

**Last Day for January
Claims:**

**Wednesday, April
1st**

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