

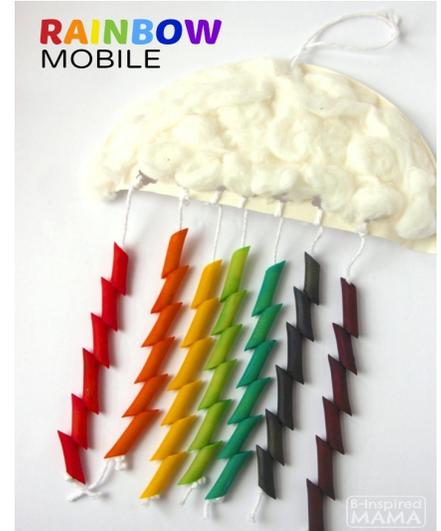


# Child Management Associates Providers' Playground

## Craft Time: Rainbow Mobile

### Supplies:

- Thick white paper plates
- Cotton balls
- Circle hold punch
- Scissors
- Uncooked pasta
- Yarn, string, or pipe cleaner
- 6 teaspoons rubbing alcohol
- Red, yellow, and blue food coloring
- Gallon size Ziploc bags



### How to Dye Pasta:

- Add a 1/2 C dry pasta to gallon size Ziploc bag.
- Add 1 teaspoon of rubbing alcohol & a few drops of food coloring.
- Seal bag & shake until pasta is covered.
- Let pasta dry on cookie sheet overnight.

### Directions:

- Cut paper plates in half & punch 6-7 holes along straight edge.
- Punch hold in the top if you are planning to use as mobile.
- Glue cotton balls all over plates to make clouds.
- While cotton balls are drying-string pasta on string/pipe cleaners in desired pattern.
- Tie strings of pasta onto clouds.

[http://b-inspiredmama.com/rainbow-mobile-craft-kids/#\\_a5y\\_p=5049092](http://b-inspiredmama.com/rainbow-mobile-craft-kids/#_a5y_p=5049092)

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## Snack Time: Very Hungry Caterpillar

### Ingredients:

- Babybel cheese
- Green apple
- Small piece of cheese
- Fruit leather (roll up)



### Directions:

- Slice apples into similar length sticks
- Line apple sticks on plate in shape of caterpillar
- Place Babybel cheese at end of apples as the caterpillar's head
- Use small pieces of cheese/apples for eyes & nose
- Use fruit leather to make feet/antennas (optional)

<http://www.cutefoodforkids.com/2011/10/22-very-hungry-caterpillar-inspired.html>

Read The Very Hungry Caterpillar  
by Eric Carle

Before/after eating your snack!

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Fax & Email

We no longer have a fax machine in the office. If you want to send in forms electronically please email them to:

[Kristab.cma@gmail.com](mailto:Kristab.cma@gmail.com)

New Meal Pattern

As a friendly reminder, you can start implementing the following from the new meal pattern:

- 1) When the mother breastfeeds on-site the meals are reimbursable.
- 2) Yogurt, whole eggs, & ready to eat cereals are allowed under the infant meal pattern.
- 3) Meat/meat alternates can be served in place of grain at breakfast (up to 3x week).
- 4) Tofu and soy yogurt may be used as a meat alternate.

Claim Due Dates

We do not have claim due date magnets this year. You have 4 business days for your claim to be on time. Take note of the reminder dates in the newsletters each month & posted on our website. If you need additional assistance please contact the office.

Game Time: Puddle Jumping

*Supplies:*

- White paper (same number as kids playing)
- Blue & black crayon or marker
- Music



*Directions:*

- Using the blue crayon/marker draw puddles on each of your white papers.
- With your black crayon/marker write actions on each puddle (hop on one foot, do jumping jacks, etc).
- Place puddle papers around the room (or outside).
- Turn music on and have children move around the puddles, when the music stops have the children match up with the closest puddle and do the action on the puddle for 30 seconds.

<http://www.pinkoatmeal.com/spring-gross-motor-game-puddle-jumping/>

Earth Day - April 22

20 years after the first Earth Day, on April 22, 1990, the entire world joined in on the environmental activity. Around 200 million people from 141 different countries participated in some way. How can you help?

- Pick up trash near your home, neighborhood, or school.
- Plant some trees. Trees turn carbon dioxide into oxygen.
- Use reusable grocery bags.
- Save energy. (turn off lights, watch less TV)

[http://www.ducksters.com/holidays/earth\\_day.php](http://www.ducksters.com/holidays/earth_day.php)

CPR & First Aid

Many providers' CPR and First Aid certifications are expiring soon. Please check your dates and get recertified. Certification is a requirement to be eligible for the food program. UEMTC is offering classes every week during the evening hours throughout summer. Get signed up today!

**Karen Lang 801-562-2663**

Claim Due Dates

March	April	May
Thurs, April 6	Thurs, May 4	Tues, June 6

