



Special points of interest:

- What's for lunch?
- Fun food fact
- Business Corner
- Claim Due Dates

August 2010

CHILD MANAGEMENT ASSOCIATES

Providers' Playground

What's for Lunch?

Garden Fish Packets

Ingredients:

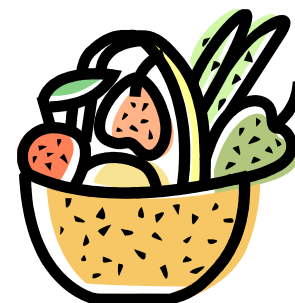
- 3 tbsp Butter, melted
- 1-1/2 lbs Frozen cod or haddock fillets*, thawed
- 2 tsp Seasoned salt
- 3/4 tsp Lemon-pepper seasoning
- 1 Medium tomato, thinly sliced
- 1 Medium green pepper, thinly sliced
- 1/4 cup Thinly sliced green onions
- 1/4 lb Fresh mushrooms, sliced
- 1 cup Shredded mozzarella cheese
- 1-1/2 cup Baby carrots, halved lengthwise

Preparation:

Drizzle the butter over 4-pieces of heavy-duty foil (about 18"x12"). Cut fish into 4 portions; place one portion on each piece of foil. Sprinkle all with seasoned salt and lemon-pepper. Top with vegetables & cheese . Loosely wrap foil around fish; seal top and sides. Place in a 350 degree oven for 23-25 minutes or until fish flakes easily with a fork. Carefully open foil; transfer fish &

vegetables to serving plates.

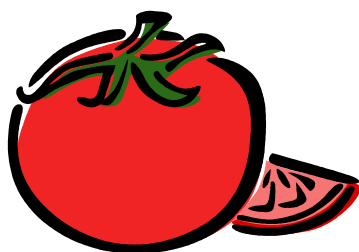
Serve with milk and a slice of wheat bread.



**chicken may be substituted for fish.*

recipe from:
www.mealsmatter.org

Fun Food Fact!



Have A Tomato With Your Burger!

When a source of Vitamin C (orange, lemon, grapefruit, strawberry, tomato, potato, etc.) is eaten with meat or cooked dry beans, the body makes better use of the iron in the protein food.

Business corner

If you are participating in the USDA summer food service program, you *may not* claim those meals with CMA.

Enrollments:

Please remember that it is necessary to send *original* enrollments with parent signatures to the office. If faxing CMA a copy of an enrollment or an enrollment renewal, originals still must be sent through the mail. Federal rules require CMA to have original parent signatures on all documents.

Drop Box:

CMA now has a drop box! Please use our convenient drop box if you would like to drop off a claim or other paperwork outside of business hours.

Summer-time Meals:

Please note: If you are participating in the USDA summer food service program, you *may not* claim those meals with CMA. This is a serious issue, and providers may be found to be serious deficient if claiming meals when participating in the summer food program. Meals at summer food program sites are free and not prepared or paid for by you, the daycare provider. Therefore, They are not eligible for reimbursement under the FDCH program. The USDA summer food program is a great pro-

gram, however, it may not be used simultaneously with the Child and Adult Care Food program.

Not Home Visits:

Please remember to call the office in advance if you know you are going to be closed during your regular day care hours. We have experienced a very large number of providers not available for drop in visits this summer. Please remember that not home visits may lead to corrective action and/or serious deficiency.

Claim Due Dates

CMA
8831 S Redwood Rd.
Suite D1
West Jordan, UT 84088
P: 801-566-1007
F: 801-566-1158

July Claims Due by:
Thursday, August 5th

Last Day for June Claims:
Monday, August 30th

Last Day for May Claims:
Friday, July 30th

August 2010						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				