

Child Management Associates
Providers' Playground



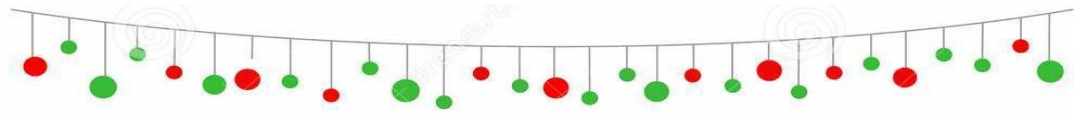
Inside this Issue:

KidKare Reminders	1
Down to Business	1
**Training Dates	
Dates Closed	1
Contact Info	1
Claim Due Dates	1
Snack Ideas	2

KidKare Reminders:

Sign In & Outs should NOT be entered into KidKare. You MUST keep these on paper in your binder but you do not need to put them into the computer. When submitting your claim just agree to terms and conditions and hit send.

Please remember that you are not allowed to serve the same meal or snack more than one time per day. For example, you can not serve the same meal for lunch and then the left overs for the same days dinner. If this happens the meal will be disallowed.



Down to Business:

CMA will be closed the following dates:

- Friday, Dec. 8 (closing at 11am)
- Friday, Dec 22
- Monday, Dec 25

Annual Training Dates

These are the only training dates being offered this year so call the office and get signed up now! Annual training is a requirement of the program.

Cottonwood Heights Community Room (City Hall building)
2277 Bengal Blvd. Cottonwood Heights, UT 84121

Thur, Jan 25, 2018	6:30pm-8:30pm	English & Vietnamese
Sat, Feb 3, 2018	9:30am-11:30am	English & Tongan

Ogden Library (Pleasant Valley Branch)

5568 Adams Ave Pkwy, Ogden, UT 84405

Tues, Feb 6, 2018	6:00pm-8:00pm	English
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Spanish Fork Library

49 S Main St, Spanish Fork, UT 84660

Tues, Feb 13, 2018	6:00pm-8:00pm	English
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CMA

8831 S Redwood Rd
#D1

West Jordan, UT 84088

(P) 801-566-1007

www.cmautah.net

Claim Due Dates

November	December	January
Wed, December 6th	Fri, January 5th	Tues, February 6th

This institution is an equal opportunity provider.



101 Snack Ideas



- ★ Tofu Hawaiian Poke and Grape Tomatoes
- ★ Cucumber and Hummus
- ★ Okinawa Sweet Potatoes and Milk
- ★ Edamame and Banana
- ★ Whole Wheat Crackers and Cheddar Cheese Slices
- ★ Kix and Yogurt
- ★ Celery Sticks and Peanut Butter
- ★ Pita Bread (Whole Wheat) and Grapes
- ★ Boiled Egg and Pear
- ★ Almond Butter and Apples
- ★ Cherry Tomatoes and Mozzarella Cheese
- ★ Orange Slices and Hawaiian Sweet Bread
- ★ Watermelon and Whole Corn Chex
- ★ Sweet Potato and String Cheese
- ★ Gold Fish (whole Grain) Crackers and Cucumbers
- ★ Strawberries and Chick Peas
- ★ Soybeans and Apricots
- ★ Avocado and Toasted Whole Wheat Bread
- ★ Baked Beans and Whole Wheat Flour Tortilla
- ★ Guava and Oatmeal
- ★ Peaches and Cottage Cheese
- ★ Poi and Blueberries
- ★ Turkey Cold Cut and Whole Wheat Bread
- ★ Whole Grain Tortilla Chips and Mashed Avocado
- ★ Whole Grain Waffle and Mangoes
- ★ Starfruit and Croissant
- ★ Whole Wheat Soda Crackers and Shredded Turkey
- ★ Tofu and Zucchini
- ★ Swiss Cheese and Hard Pretzels
- ★ Cream of Wheat and Papaya
- ★ Whole Grain Cheerios and Raspberries
- ★ Nectarines and Soft Pretzels
- ★ Banana Bread and Brussel Sprouts
- ★ Watercress and Whole Wheat Soda Crackers
- ★ Pineapples and Whole Grain Crackers
- ★ Granola Honey Almond Cereal and Greek Yogurt
- ★ Tangerine and Whole Grain Cheerios
- ★ Chick Peas and Cooked Breadfruit
- ★ Popovers and Oranges
- ★ Crepes and Blackberries
- ★ Spoon Bread and Cantaloupe
- ★ Dragon fruit and French Toast
- ★ Pumpkin and Stuffing
- ★ Asparagus and Shredded Chicken
- ★ Grilled Fish and Corn
- ★ Strawberry and Milk
- ★ Refried Beans and Whole Corn Tortilla
- ★ Colby Cheese and Broccoflower
- ★ Cauliflower and Cheddar Cheese
- ★ Green Beans and Whole Grain Tortilla Chips
- ★ Ricotta cheese and Butternut Squash
- ★ Bread Roll and Persimmons
- ★ Whole Corn Chex and Milk
- ★ Raspberries and Whole Wheat Soda Crackers
- ★ Chicken Skewer and Fruit Cocktail
- ★ Lychee and Whole Grain Bread
- ★ Spanish Rice and Lima beans
- ★ Bamboo Shoots and Ritz Crackers
- ★ Farina and Peaches
- ★ Kiwi and Whole Grain Tortilla Chips
- ★ Sourdough Bread and Blackberries
- ★ Ravioli and Cauliflower
- ★ Roast Turkey and Sweet Potatoes
- ★ Ham and Whole Wheat Saltine Crackers
- ★ Gold Fish and Pears
- ★ Pomelos and Honey Nut Chex
- ★ Saloon Pilot Crackers and Guava
- ★ Black-Eye Peas and Whole Grain Tortilla Chips
- ★ Toasted Oat Cereal and Soursop
- ★ Harvest Wheat Crackers and Lentils
- ★ Luau leaves and Pork Roast
- ★ Kalua Pig and Cabbage
- ★ Okra and Hapa Rice
- ★ Ciabatta Bread and Rambutan
- ★ Biscuit and Boysenberries
- ★ Blueberry Morning Cereal and Dragon Fruit
- ★ Whole Grain Couscous and Chicken Breast
- ★ Black Rice and Navy Beans
- ★ Quinoa and Scrambled Eggs
- ★ Wild Rice and Turkey Breast
- ★ Collard Greens and Ham
- ★ Hapa Rice and Gandule
- ★ Refried Beans and Whole Corn Tortilla
- ★ Breadfruit and Whole Corn Kix
- ★ Pork Chop and Potatoes
- ★ Colby Cheese and Wheat Thins
- ★ Pilaf and Broccoli
- ★ Clusters Cereal and Yellow Peas
- ★ Crispix and Cherries
- ★ Macaroni and Cheddar Cheese
- ★ Split Peas and Brown Rice
- ★ Eggplant and Grilled Tofu
- ★ Char Siu Chicken and Black Rice
- ★ Mustard Greens and Ham
- ★ Braunschweiger and Club Crackers
- ★ Rice Krispies Cereal and Pineapples
- ★ Millet and Mangoes
- ★ Carrot Bread and Acorn Squash
- ★ Vegetable Soup and Gold Fish Crackers
- ★ Ong Choy and Shrimp
- ★ Green Peas and Penne Pasta
- ★ Puffed Kashi and Starfruit
- ★ Oyster Crackers and Kohlrabi
- ★ Coleslaw and Pork Chop
- ★ Swiss Chard and Eggs