



FEBRUARY

Child Management Associates



Providers' Playground

Let's Get Crafty



What you will need:

- * Toilet paper roll (paper towel roll cut to size)
- * Paint
- * Eyes, pipe cleaners, beads
- * Construction paper
- * Glue
- * Scissors
- * Marker
- * Skewer



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CMA will be closed the following dates:

Monday, Feb 15th

Directions:

1) Paint rolls & let dry. 2) Poke 3 holes down each side for legs to go thru. 3) Cut pipe cleaners in half & thread thru holes. 4) Attach beads at the ends of pipe cleaners for hands/feet. 5) Decorate body however you wish. 6) Fold construction paper in half & draw a medium size heart for wings & smaller heart with stem for antennas. 7) Cut out hearts while paper is folded to get two. 8) Attach antennas, wings, and eyes with glue & add any decorations you desire. <http://www.redtedart.com/2015/01/13/toilet-roll-love-bugs-valentines-day/>

Upcoming Trainings

West Valley City Library

3605 S 2880 W

- ◆ Tuesday, February 2nd
6:00pm-8:00pm
- ◆ Tuesday, March 8
(Vietnamese Speaking)
6:00pm-8:00pm
- ◆ Tuesday, March 22
6:00pm-8:00pm

These are the last dates for training—call the office to register early!

IMPORTANT REMINDERS:



- ◆ Please remember to call the office in advance if you are going to be closed during your regular day care hours. We have experienced a large number of providers not available for drop in visits recently. Not home visits will lead to corrective action and/or serious deficiency.
- ◆ When filling out claim bubble forms please make sure you are bubbling in your provider number and the correct dates on your forms.

CPR/First Aid

Certification

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What's for Snack?

Heart Shaped Fruit Kabobs

- *Cut fruit into heart shapes
- *Dip in your favorite yogurt

Sugar free Valentine's Snack

- *Cut cheese, meat, & cucumbers into heart shapes.
- *Add crackers & enjoy



<http://itsallinmyheadstefsblog.blogspot.com/2010/01/valentines-fruit-kabobs.html>

<http://www.twokidscooking.com/2014/01/sugar-free-valentine-snacks/>



Indoor Activities to Keep Kids Active During Winter

Keeping kids active can sometimes prove to be a daunting task. It is so easy to stay inside during the cold winter months but try these activities to help them keep active while staying warm indoors.



- *Have a dance party
- *Have hallway races
- *Play an active game of Simon Says
- *Have an indoor snowball fight (use crumpled paper)
- *Exercise together
- *Have an indoor scavenger hunt

- *Play active games like Twister & Charades
- *Make an indoor bowling alley with water bottles & a soft ball
- *Go up & down the stairs
- *Create an indoor ice skating rink. (Polish your floor & let the kids "skate" in their socks)

<http://www.growingajeweledrose.com/2012/11/winter-activities-to-keep-kids-active.html#>



Claim Due Dates:

Last day for December claims:
Monday, Feb 29th

Last day for January claims:
Thursday, Mar 31

Last day for February claims:
Friday, Mar 4th