

Providers Playground

What's for snack?

Peanut Butter and Jelly Sushi..!



Ingredients:

- * 2 tablespoons Creamy Peanut Butter
- * 2 tablespoons Strawberry Jelly, or any Jam, Jelly or Preserves of your choice .

Directions:

1. Remove crusts from bread.
2. With a rolling pin or large soup can, completely flatten bread.
3. Spread 1 tablespoon peanut butter and 1 tablespoon fruit spread on each slice of bread
4. Roll each slice into a tight spiral.
5. Cut each spiral into 4



Enjoy this creative, yummy snack for the kids.

Happy New Year!



Fun Food Fact!

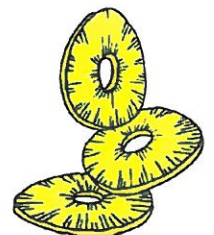
Have a Tomato with your burger!



When a source of Vitamin C (orange, lemon, grapefruit, strawberry, tomato, potato, etc.) is eaten with meat or cooked dry beans, the body makes better use of the iron in the protein food.

Fun Food Fact: Pineapples:

Pineapples stay ripe for 4-6 weeks, so when shopping you'll probably only encounter fresh pineapples. However, if you want to test it, flick the side with your finger; if it has a dull, solid sound it's ripe.



Down to Business!

“Who’s Claim is this?”

Sadly, we are forced to utter this phrase each month as claim forms come into our office with no provider number or name written on them. It is very important that all forms submitted to CMA have BOTH the provider number written/bubbled in AND the provider’s name is neatly written.

Upcoming Trainings:

West Valley City Library Training:

- ◆ Tuesday, January 15, 2013
- ◆ Thursday, January 24, 2012

Murray Library Training:

- ◆ Tuesday, February 19, 2013

Closing daycare for the day:

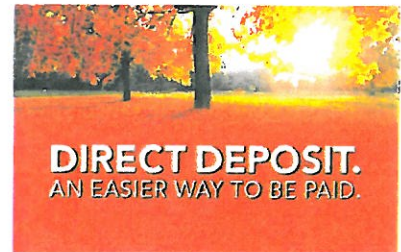
CMA would like to give a big “thank you!” to all the providers who call in to let us know the meals and/or days they will be closed.

Please remember, you do not have to talk directly to your monitor when reporting closures. Simply call the office and let the office staff know. We will be sure to get the message to your monitor ASAP!



Drop Box:

Just a reminder CMA has a drop box! Please use our convenient drop box if you would like to drop off a claim or other paperwork outside of the business hours.



Direct Deposit:

If you need to change your direct deposit account information, direct deposit application along with a voided check must be given to CMA no later than the first Friday of the month. You can also print them off of our website www.cmautah.net. When deposits are sent to closed accounts, CMA must wait until they bounce out of the providers bank. Therefore, if account information is not given to CMA in time, deposits will be delayed.



Claim Due Dates:

Last Day for October Claims:

Tuesday, December 28th

Last Day for November Claims:

Tuesday, January 29th

Last Day for December Claims:

Monday, January 7th



CMA is now on Facebook! Become a fan and stay updated with training dates, great recipes, and other food program resources that can make your daycare a CMA success!!

Search for ‘Child management associates’