



# Providers' Playground

## What's For Snack?

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CMA WILL BE CLOSED  
 ON  
 THURS, JAN 1ST  
 AND  
 MON, JAN 19TH

### Cinnamon Snowflakes

#### Ingredients:

1. Flour Tortillas
2. Cinnamon Sugar
3. Baking Spray
4. Kitchen scissors or clean kids scissors.

#### Directions:

1. Preheat the oven to 350 degrees.
2. Fold your tortilla in half, then in half again. (Use 10-inch tortillas, but a smaller size would work too). If your tortilla breaks when you're trying to fold, microwave it for a few seconds to help it soften up.
3. Using the scissors, cut the tortilla just like you would cut out a paper snowflake.
4. Place your tortilla snowflake on a cookie sheet, spray with cooking spray (or brush with melted butter) and sprinkle with cinnamon sugar.
5. Bake for about 5-10 minutes or until the tortilla begins to turn golden brown (check often).
6. Allow to cool, then enjoy!

Add milk or fruit to this and you have a credible snack. I bet yogurt, jams or even syrup would be yummy if your kids are dippers.

<http://www.cometogetherkids.com/2011/01/cinnamon->



## Annual Training Dates

### Nutrition and Wellness for Young Children

All trainings are from 6-8pm

Tues, Jan 13th at 2880 West 3650 South at West Valley Library (Tongan Only)

Tues, Feb 10th at 4834 West 9000 South at Bingham Creek Library

Tues, Mar 10th at 166 East 5300 South at Murray Library



### ACTIVITY TIME

## Snow Jewels Winter Play

Things you will need:

- Balloons
- Water
- Food coloring or liquid watercolors
- Scissors

Directions:

1. Add a few drops of food coloring to regular party balloons and fill them with water
2. Tie them and place in the freezer for 4-6 hrs. Once frozen snip the balloon and remove it.
3. Then head outside to play

<http://www.growingajeweledrose.com/2013/12/snow-jewels-winter-play.html>



### Reminder:

1. Claims are due the 4th business day. We do not count weekends or holidays.
2. Providers must complete their paperwork daily or claims will be disallowed.
3. Be sure to call the office, email your monitor or send a message on FB when you are closed. Otherwise meals will be disallowed.
4. Be sure to write your provider number and name on all your claim papers.
5. All substitutions need to be written on your menus at the time of the meal.

### New Monitor:

We have hired a new Monitor her name is Carli. Here is a letter from Carli. I have four kids, 1 girl and 3 boys. My life is pretty much a circus, with attending dance competitions to soccer games and taekwondo belt testing's. I enjoy playing basketball and volleyball and pretty much all things outdoors. I have really enjoyed the work that I have done so far with CMA and look forward to getting to know everyone.

You can contact Carli at [carli.larsen.cma@gmail.com](mailto:carli.larsen.cma@gmail.com)



## Claim Due Dates:

**Last Day for January  
Claims:  
Wednesday, Jan 7th**

**Last Day for December  
Claims:  
Friday, February 27th**

**Last Day for November  
Claims:  
Thursday, January 29th**



**CMA is now on Facebook! Become a fan and stay updated with training dates, great recipes, and other food program resources that can make your daycare a CMA success!!!**

*Search for 'child management associates'*