



Providers' Playground

What's For Snack?

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use food coloring and color the chocolate)

Step 2: Dip three knot pretzels and one mini stick. I just did less the half the pretzel and the tip of the stick because I didn't want a huge mess. But you could dip the entire thing for a very yummy shamrock.



Step 3: Assemble them as shown in the picture with the stick in the middle making sure that as each pretzel is up against another.

Step 4: Cover with sprinkles and allow to dry (only takes 5-10 minutes depending on how much coating you have).

ENJOY..!

Materials:

- Pretzels - the knots and the mini sticks
- White Chocolate
- Green sprinkles (or you could use food coloring and color the chocolate)

Step 1: Melt the chocolate as directed on the package. (Or you can do it in the microwave and it only takes a little over a minute. Stir it when it comes out of the microwave to evenly distribute the heat and to melt those parts that didn't melt.) Green sprinkles (or you could

<http://worldofwhimm.blogspot.com/2009/03/pretzel-shamrocks-tutorial.html>



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Annual Training Dates

Nutrition and Wellness for Young Children

All trainings are from 6-8pm

- ◆ Tuesday, March 10th- West Valley Library
- ◆ Tuesday, March 24th- West Valley Library
- ◆ Wednesday, April 8th- West Valley Library- *(Vietnamese Only)*

- ◆ Tuesday, April 28th- Spanish Fork Library





Attention Relative Care Providers

- Upcoming in your mail are the changes for being a **Relative Care Provider!** Be sure to read it when you get it!
- All **Relative Care providers** need to be **CPR and First Aid trained by January 2016.**
- First Aid/CPR training offered on Wednesday, March 18th call CMA to register.
- Cost is \$35.00

Important Reminder: It is a state requirement that your menus be posted, visible to parents, or corrective action will be necessary. This could cause you to become ineligible to participate in the food program if you don't follow the requirements.



Activity Time

This **Calming Find It Game** is perfect for the classroom or home schooling. The options are endless as to what you add to your **Calming Find It Game**.

Materials:

1. plastic bottles
2. rice
3. small objects (like buttons, the options are endless as to what you add)

Directions:

1. Add small objects or large depending on the difficulty level you want, then add some rice and continue the process until you reach about two inches from top of opening. Then have the kids enjoy while this game calms them.

<http://www.ladybehindthecurtain.com/calming-find-it-game/>



Claim Due Dates:

Last Day for February
Claims:
Thurs, March 5th

Last Day for January
Claims:
Tues, March 31st

Last Day for December
Claims:
Monday, March 2nd



CMA is now on Facebook! Become a fan and stay updated with training dates, great recipes, and other food program resources that can make your daycare a CMA success!!!

Search for 'child management associates'

