



## Providers' Playground

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## What's for Snack...?



### Fruit Sundae Cones

#### Ingredients

- 3/4 cup cut-up strawberries
- 3 cups cut-up fruits, such as apples, bananas, cherries, seedless red grapes, kiwifruit, plums, and/or peaches
- 6 large waffle cones
- 1/4 cup toasted coconut (optional)

#### Make It

Place strawberries in a blender container; cover and blend until smooth. Place desired fruit in bowl; gently toss together. Spoon fruit into cones. Drizzle with the strawberry puree. If desired, top with coconut. Makes 6 cones.

#### CMA

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#### Summer Day Care Hours:

If your day care hours have changed for the summer months, please call CMA and let us know. Monitors do drop-in visits based on the hours providers write on their FDCH, and the meals claimed. Please call our office and tell us if you have adjusted your day care hours for the



### REMEMBER TO GET OUTSIDE AND BE ACTIVE.

1. Play soccer
2. Ride bikes
3. Swim
4. Run
5. Have relay races
6. Ride scooter
7. Roller blade
8. Kick a ball around
9. Play basketball



CMA will be Closed on Monday, May 26th For Memorial Day

### Reminders:

1. Claims are due on the 4th business day of each month.
2. If you are providing relative care you should be gardening and eating the fruits of your labor.
3. Be sure to call the office when you leave the house; to pick up kids from school, run an errand, always call the office if you leave your house during your child care hours.
4. Due to staff vacations in order for June Claims to be processed all paperwork must be in on time. no exceptions granted.



### Modification of Fluid Milk and Milk Requirements

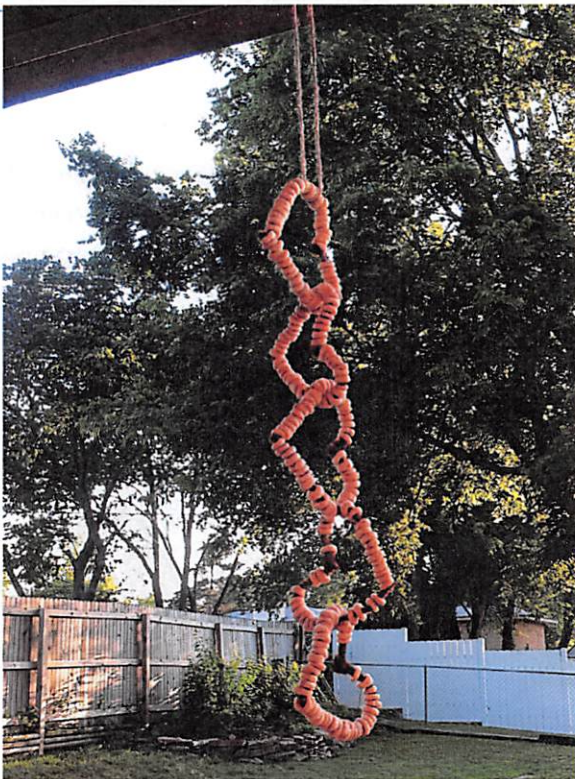
#### Non-dairy Beverages

Children who cannot have fluid milk due to medical or other special dietary needs, other than a disability, may be served non-dairy beverages in place of fluid milk. Non-dairy beverages must be nutritionally equivalent to milk and meet the nutritional standards for fortification of calcium, protein, vitamin A, vitamin D, and other nutrients to levels found in cow's milk, as outlined in the National School Lunch Program (NSLP) regulations at 7 CFR 210.10 (m)(3).

Parents or guardians may now request in writing non-dairy milk substitutions, as described above, without providing a medical statement. Contact CMA for the appropriate form to request the milk substitute form.

The only qualifying milk substitute products in Utah are the following:

1. Pacific Foods of Oregon-Ultra Soy Plain and Vanilla – Available in 32oz and 64oz
2. Stremicks Heritage Foods 8th Continent Original or Vanilla – Available in 32oz or 64oz
3. Pearl Organic Soymilk Smart Creamy Vanilla or Chocolate - 8.25oz containers available



#### ACTIVITY TIME

#### Heart Shaped Bird Feeder

Here's what you'll need...

- Pipe cleaners
- Cheerios



Here's how to make it...

1. Take pipe cleaners bend them in half forming a V-shape
2. Have the kids put cheerios on each side.
3. Bend them into a heart shape twisting the two ends together in the middle.
4. Link them through each other and hang them outside. You can use a heart for each family member.

They will enjoy watching the birds munch on it

[http://www.buzzfeed.com/donnad/easy-emergency-mothers-day-crafts-for-kids?sub=2186760\\_1128697](http://www.buzzfeed.com/donnad/easy-emergency-mothers-day-crafts-for-kids?sub=2186760_1128697)

#### Important Information:

CMA is working towards the goal of all providers being enrolled in direct deposit by July 2014. No checks to be lost or stolen, no more waiting for the mail, the money is there. Sign up today and start direct deposit next month.

### Claim Due Dates:

Last Day for February Claims:

**Tuesday, April 29th**

Last Day for March Claims:

**Friday, May 30th**

Last Day for April Claims Due:

**Tuesday, May 6th**



CMA is now on Facebook! Become a fan and stay updated with training dates, great recipes, and other food program resources that can make your daycare a CMA success.

Search for 'child management associates'