



Child Management Associates

Providers' Playground

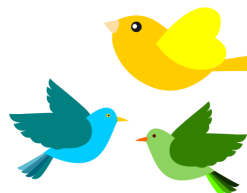


Craft Time: Let's make Bouncy Balls



Supplies:

- 1/2 C warm water
- 1 T Borax
- 1 T Cornstarch
- 2 T white liquid glue
- Food coloring
- Disposable rubber gloves (optional)



Instructions:

- In a cup mix the warm water and the Borax.
- In another cup mix the glue, cornstarch, and food coloring.
- Pour the glue mixture into the water-borax cup.
- The glue mixture will harden after 10 seconds; use a fork to take it out of the water. If the glue mixture is still sticky, squish it with your hands and dip it back in the water.
- Roll the mixture in your hands to make a ball. The more you handle the mixture the firmer it will become.

FYI: Keep in mind that the balls will flatten a bit after sitting for a while. Store them in small plastic containers or a plastic bag. If they get flattened roll them between your palms again, this will bring them back to the ball shape.

<http://www.the36thavenue.com/how-to-make-a-bouncy-ball/>

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CMA will be closed:

Memorial Day

May 29

Snack Time



Ingredients:

- Ritz crackers
- Fruit (berries, kiwi, grapes, pineapple etc)
- Cream cheese (plain or flavored)

Directions:

- Spread some cream cheese on the Ritz
- Top with cut up fruit of your choice

Prepping a snack is a great way for kids to start working around the kitchen and developing basic culinary skills.

<http://www.sunshineandhurricanes.com/easy-fruit-and-cracker-pizzas/>

CMA

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Activity Time—Color Scavenger Hunt

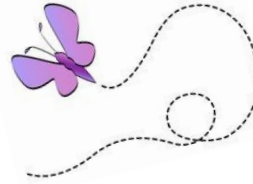
Supplies:

- White paper bags
- Markers (various colors)

Directions:

- 1) Write Color Scavenger Hunt on the top of your white bag.
- 2) Choose the colors you want the kids to hunt for and use your colored markers to scribble small squares onto the front of the bag of each color.
- 3) Pass out the bags to the children and let them have fun finding all of the colors on the bag. When they find an item that matches one of the colors, place it in the bag. When everyone is finished, sit in a circle and have a fun time having a show and tell about all of the items everyone found.

<http://iheartcraftythings.com/simple-color-scavenger-hunt-kids.html>



Fruits & Vegetables

Leafy greens credit for half of their volume.



Example: A 1/2 cup of green salad would credit as a 1/4 cup serving on the food program.

Dried fruit credits for twice of its volume.



Example: A 1/4 cup serving of raisins would credit as a 1/2 cup serving on the food program.

Whole Grain Rich-Homemade

- What about homemade products?
- If at least 50% of the grain included in the product is a whole grain, it counts as a whole grain rich item.
 - For example, a recipe calls for 2 cups of whole wheat flour and 2 cups of enriched white flour
 - As long as you don't put any other grain ingredients in the product, it qualifies as a whole grain rich product.

Claim Due Dates

April	May	June
Thurs, May 4	Tues, June 6	Fri, July 7

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