

## Providers' Playground



### What's For Snack?



### Bloody Band-Aids Snacks

#### Ingredients:

- 1 box of graham crackers, each cracker broken into 4 rectangles along the dotted lines.
- 1/4 c. Strawberry jam, mix with a couple drops of red food coloring for brighter "blood"

- 4 oz. cream cheese softened
- 2 Tbsp. butter, melted
- 1 c. powdered sugar
- 1/2 tsp. lemon juice, optional

#### Instructions:

1. Use an electric mixer to combine the cream cheese, butter, sugar, and lemon juice until a smooth frosting forms.
2. Use a piping bag filled with frosting to draw a square into the center of each graham cracker.
3. Top each square of frosting with a smear of the strawberry jam and serve!

[www.sweethersheyliving.com](http://www.sweethersheyliving.com)

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Happy  
Halloween

### Did you know these Interesting facts about foods?

1. There is a difference between jelly and Jam, jelly is made strictly from the juices of the fruit, while jam is made from crushed fruit.
2. The color of the twist ties on bread signifies what day of the week the bread was baked on.
3. A Coffee bean is not actually a bean, rather it is a seed.
4. The red juice in raw meat isn't blood. Nearly all blood is removed during slaughter, it is actually a water mixed with a protein called myoglobin.
5. Peanuts are not nuts, they are a food with an identity crisis, while most people think of peanuts as nuts, they are actually legumes. What is a legume? It is a type of plant with seeds that grow inside pods such as peas or beans. Unlike a nut that are grown on trees, peanuts grow underground.
6. Ripe cranberries will bounce like rubber balls.
7. Apples belong to the rose family, as do pears and plums.
8. One of the most hydrating foods to eat is the cucumber, which is 96% water.

#### CMA

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This institution is an equal opportunity provider

# Down to Business!



## Enrollments:

Please remember that it is necessary to send *original* enrollments with parent signatures to the office. If faxing CMA a copy of an enrollment or an enrollment renewal, originals still must be sent through the mail. Federal rules require CMA to have original parent signatures on all documents. Also make sure you bubble in the time in and time out for each child on the new enrollment. Failure to do so will cause disallowances on your monthly error report.

## “Who’s Claim is this?”

Unfortunately we are forced to repeat this phrase each month as claim forms come into the office with no provider name or number written on them. It is very important that all forms submitted into the office have BOTH written/bubbled provider name and numbers.

## 60 DAY RULE..!

Claims submitted 60 days from the last day of any claiming month by regulation are not reimbursable.

**“We are NOT your employer.!”**

Please be aware that funds received from CMA are reimbursement for money already spent on food for daycare children. Please DO NOT list CMA as an employer on forms or applications! We get several calls to our office each month requesting verification. Providers participating in the CACFP program are not em-

## Upcoming Trainings

### South Ogden Library

2464 Jefferson Ave, Ogden UT 84401  
Monday, October 6th

### WVC Library

2880 West 3650 South, West Valley City, UT 84119  
• Wednesday, November 12th

### Bountiful Library

725 South Main St. , Bountiful UT 84010  
• Tuesday, October 21st

### Murray Library

166 East 5300 South, Murray UT 84107  
• Wednesday, November 5th ( Tongan ONLY)  
• Monday, November 17th



## Claim Due Dates:

Last Day for October Claims:

**Thursday, Nov 6th**

Last Day for September Claims:

**Friday, Nov 28th**

Last Day for August Claims Due:

**Thursday, October 30th**



CMA is now on Facebook! Become a fan and stay updated with training dates, great recipes, and other food program resources that can make your daycare a CMA success!!!

Search for ‘child management associates’