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- Business Corner
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- Upcoming Trainings

September 2010

What's for Snack?

Cinnamon Tortilla Strips with Fruit Salsa

Go Tropical!

Ingredients:

- 2 Fuji apples - peeled, cored and diced
- 1 cup sliced fresh strawberries
- 2 kiwis, peeled and sliced
- 2 bananas, peeled and sliced
- 1 tablespoon fresh lime juice
- 2 tablespoons sugar
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1 cup oil for frying
- 6 (10 inch) flour tor-

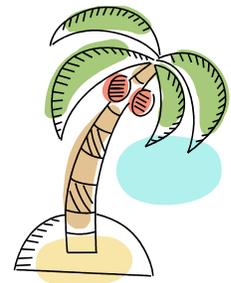
tillas

- 3 tablespoons sugar
- 1 tablespoon ground cinnamon

Directions:

In a medium bowl, mix together Fuji apples, strawberries, kiwis, bananas, lime juice, 2 tablespoons sugar, cinnamon and nutmeg. Cover and chill in the refrigerator approximately 20 minutes. Heat oil in a medium heavy saucepan to 375 degrees F. Slice flour tortillas into triangles. Carefully place tortilla triangles into

the hot oil and fry until golden brown, 2 to 4 minutes. Drain on paper towels. Place 3 tablespoons sugar and cinnamon in a large sealable plastic bag. Drop fried tortilla triangles into the bag and shake to coat. Serve the cinnamon chips warm with the chilled fruit salsa.



Fun Food Fact: Pineapples



Pineapples stay ripe for 4-6 weeks, so when shopping you'll probably only encounter fresh pineapples. However, if you want to test it, flick the side with your finger; if it has a dull, solid sound it's ripe!



Business corner

Closing daycare for the day:

CMA would like to give a big 'thank you!' to all the providers who call in to let us know the meals and/or days they will be closed. Please remember, you do not have to talk directly to your monitor when reporting closures. Simply call the office and let the office staff know. We will be sure to get the message to your monitor ASAP!

School Schedules:

With school starting again,

it is important to make sure that CMA has the correct school information for all of your school-aged daycare children, including what district, track, and type of kindergarten they are in (if applicable). Please check your "CIF" form to ensure the proper school information is listed for each child. You may also contact the CMA office to verify all child information. Doing this *before* submitting claims will help to ensure that all meals

claimed are correctly reimbursed!

Allergies:

Remember that certain foods can cause allergies and other negative reactions in young children, especially infants. USDA guidelines recommend not feeding dairy products or any foods containing honey to infants. If you would like more information on infant feeding, please contact your monitor or the CMA office.

All paperwork such as IEF, FDCH, enrollments, etc is due by the 1st of every month!

Claim Due Dates

August Claims Due by:

Monday, August 6th

Last Day for July Claims:

Wednesday, September 29th

Last Day for June Claims:

Monday, August 30th

Upcoming Trainings:

Please call to register for a training, seats fill up fast!

Bountiful Library:

725 South Main St.

September 28*

6-8 pm

*These dates are subject to change, however as much notice as possible will be given to providers who have registered.

Additional trainings in other SL County areas will be scheduled. There will only be approximately 1-2 trainings in each area, so please register when you see a training near you!

Due to lack of attendance in previous years, there will be no training in Ogden this year. Ogden providers please plan accordingly.

Murray Library:

166 East 5300 South

October 5*

6-8 pm

October 20*



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