

Providers' Playground



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What's For Snack?

After School Apple Fondue

Ingredients:

- 6oz of Yoplait French vanilla yogurt
- 8ounce tub whipped topping
- 1/4 teaspoon cinnamon
- 1/8 teaspoon nutmeg
- 2 green apples diced
- 2 red apples diced

Directions:

1. Thread the diced apples on small skewers or toothpicks. Or serve with fondue forks for dipping
2. In a large bowl, stir together the Yoplait yogurt, whipped topping, cinnamon, and nutmeg,
3. Serve with apples for dipping Enjoy!

<http://www.pinterest.com/pin/57420963968855709/>



Annual Training Dates

Be sure to attend your 2hr annual training for the 2014-2015 year.

Nutrition and Wellness for Young Children

Ogden - Monday, Oct 6th 6-8pm at 2464 Jefferson Ave Ogden Library

Bountiful - Tuesday, Oct 21st 6-8pm at 725 S Main St Bountiful Library

Murray - Tuesday, Nov 4th 6-8pm at 166 East 5300 South Murray Library (Tongan)

West Valley - Wednesday, Nov 12th 6-8pm at 2880 West 3650 South West Valley Library (Vietnamese)

Murray - Monday, Nov 17th 6-8pm at 166 East 5300 South Murray Library

This USDA is an equal opportunity provider and employer.



Autumn Leaf Suncatchers
FirefliesandMudPies.com

Materials and Instructions for Autumn Leaf Suncatchers

Things you will need:

- Clear contact paper
- Autumn leaves
- Scissors
- Double sided tape

Instructions:

1. Collect colorful falling leaves from outside
 2. Cut two symmetrical squares of contact paper. Peel the backing off one of the squares and lay it flat on the table, sticky side up.
 3. Place the leaves on the sticky contact paper.
 4. Cut the contact paper into the shape of an apple. Reinforce any part that is not sticking with double-sided tape.
 5. Tape the apples onto the windows of your home and enjoy the sun streaming in through the leaves.
- The bright colors last for several weeks before the leaves dry out.
<http://www.firefliesandmudpies.com/2012/10/08/apple-fest-2012-suncatchers/>

REMINDERS:

1. Update your meal times now that school is back in session. Keep in mind evening activities when planning.
2. We will begin a new training period starting October 6th and will run through 4/31/14. Beginning schedule is on the front side. Be sure to call the office and sign up as space is limited.
3. Each month claims are due on the 4th business day. Be sure to be planning ahead
4. Always call the office when you leave the house if it's during meal times.

Back to School Tips for a Smooth Start

1. Meet the Teacher
2. Tour the School
3. Prepare with Summer Learning
4. Make a kid friendly lunch
5. Start your school schedule early
6. Get involved in an after school activity
7. Talk about it at Dinner
8. Buy first day outfit



Claim Due Dates:

**Last Day for July
Claims:
Monday, Sept 29th**

**Last Day for August
Claims:
Wed, October 30th**

**Last Day for September
Claims Due:
Monday, October 6th**



CMA is now on Facebook! Become a fan and stay updated with training dates, great recipes, and other food program resources that can make your daycare a CMA success!!!

Search for 'child management associates'